

## What affects my sexual health?

A satisfying male sexual experience relies on the health of many body systems. When you're sexually aroused, messages from your brain travel down nerves to your penis and produce chemicals which cause the arteries in the penis to widen. This process drives extra blood flow to the penis causing it to swell into an erection. Cardiovascular, endocrine and other systems are involved in supporting an erection response and must work together to make that happen. When any of these systems don't function properly, erectile dysfunction can occur.

## What can the causes of ED reveal about my health?

While there are various causes of ED, reduced blood flow to the penis due to early cardiovascular changes is, by far, the most common. As we age, arterial wall linings can become inflamed from poor diet and lack of exercise, and endothelial cells in the lining of the arteries can quit functioning properly. This causes reduced blood flow and oxygen deprivation that can lead to serious problems, like heart attack and stroke. As in other parts of the body, the arteries which take blood to the penis can become narrowed, and the limited blood flow may not be enough to cause or sustain an erection—even in younger men with only an occasional problem.

Most experts now consider ED to be an early warning sign for cardiovascular disease. Other signs that could indicate a more serious problem include:

- *Shortness of breath*
- *Lack of stamina*
- *Angina (chest pain)*
- *Looking and feeling older than you should*
- *Inability to perform recurring exercise*

If you are experiencing signs of ED and any of the above symptoms, it's time to talk with your doctor!



*Medically proven, natural ways  
to improve erectile function*

Sharing intimate details about what happens in the bedroom can be awkward and uncomfortable, but it's a conversation that, when shared with a physician, can save your life. Sexual dysfunction is often one of the first warning signs of cardiovascular disease. If you're dealing with this problem, you're not alone. According to the American Heart Association, Erectile Dysfunction (ED) affects up to 30 million men in the United States. That's more than 30% of men between the ages of 40 and 70.

Source: American Heart Association, *Circulation Journal*,  
*Cardiovascular Implications of Erectile Dysfunction*, 2011  
<http://circ.ahajournals.org/content/123/21/e609.full>

Sometimes it's better  
to kiss and tell!



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*"I was frustrated after visiting two urologists for my ED. Then I was introduced to the RejuvaFlow program. After several treatments taking about an hour, I began to notice the physical improvements. This has greatly improved my sexual ability. I would definitely recommend this to anyone experiencing any form of ED, Peyronies or other sexual intimacy problems!"*

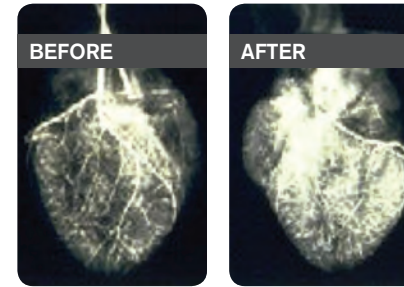
*- George R.*

## Is there help for men with ED?

Yes, there is! Successful treatment of ED is possible with the RejuvaFlow program. Medications like Viagra® and Cialis® can alleviate your ED symptoms, but they don't address the underlying conditions that cause ED, and your body can become unresponsive to these medications over time. The RejuvaFlow program can help you regain an optimal level of sexual function and can also help men who can't take ED medications due to the risk of drug interactions.

Developed by sexual health expert and urologist Steven Morganstern, M.D., who has been nationally recognized on shows like Good Morning America and 20/20, RejuvaFlow is not a medication or a single procedure, but a coordinated program custom designed to meet each patient's individual needs.

RejuvaFlow™ protocols are a combination of therapeutic treatments that not only improve sexual health but also improve your energy level and overall health...and can even help you develop a more youthful appearance! RejuvaFlow treatments do this by helping your body to naturally increase oxygenation and blood flow while improving tissue health and restoring proper hormone balance and endothelial cell health—all factors that work together to reverse the effects of ED and aging.



RejuvaFlow treatment targets what makes each cell thrive – blood flow and oxygenation, as evidenced by these images. Note the dramatically increased blood flow after treatment.

*During RejuvaFlow treatments, blood flow to the genital region has been shown to increase by as much as 140%.\**

## How Does It Work?

The philosophy behind the RejuvaFlow treatment approach is to enhance and revitalize your body's innate healing properties through a series of non-surgical procedures. A primary component of these protocols utilizes a therapeutic method originally developed by Harvard physicians. Proven effective in hundreds of studies, this treatment allows you to lie back and relax while gentle compression around your body stimulates blood flow, reducing symptoms and improving vascular functions.

*84% of men studied who completed a full course with this non-invasive treatment reported a significant improvement in penile rigidity.\**

## Is RejuvaFlow covered by insurance?

Most aspects of the RejuvaFlow program are covered by many insurance payors, especially if there is a previous diagnosis of cardiovascular symptoms. There are also affordable cash-pay options for those without insurance coverage.

## So, what's my next step?

If you're ready to rejuvenate your sex life and improve your overall health and stamina, speak to your doctor today about the RejuvaFlow program, or visit our website at [www.rejuvaflow.com](http://www.rejuvaflow.com).

\*Urol.Int 1998;61(3):168-71